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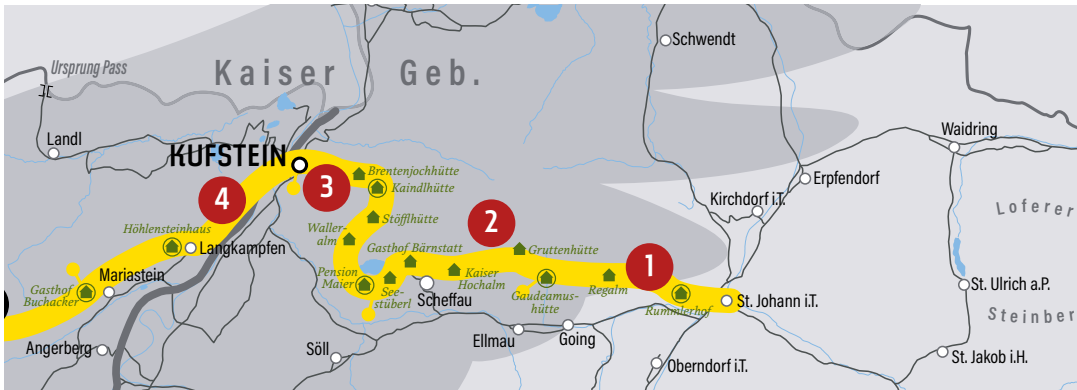
LEBENSRAUM TIROL
HOLDING



THE **EAGLE** WALK

Walk where the eagle flies

Wilder Kaiser Range
Northern Limestone Alps

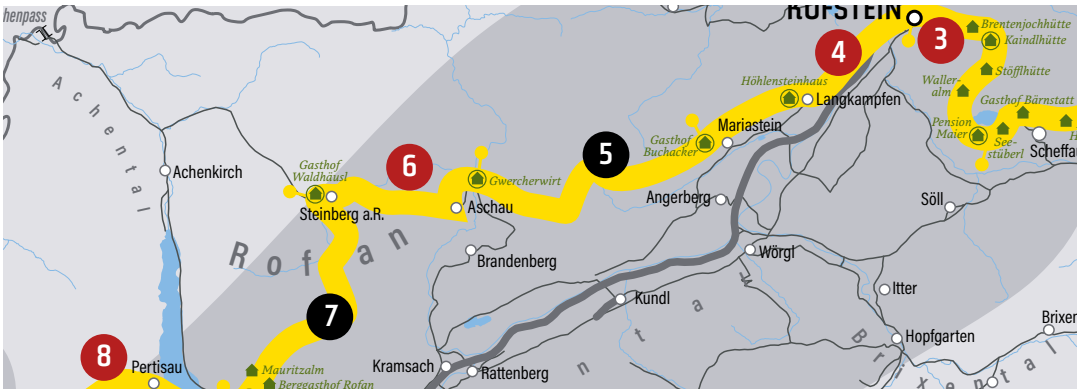


Wilder Kaiser Range (literally “Wild Emperor”) aptly lives up to its name as being wild, untamed, rugged, lofty and majestic. Stretching from Kufstein to St. Johann in Tirol, the range is renowned for its jagged rock formations and beautiful craggy settings. Aptly named as well, Zahmer Kaiser (literally “Mild Emperor”) is a destination to be enjoyed by the whole family. Easy treks will take you through delicate forests, across babbling streams, and past brightly coloured wildflowers. The jagged peaks of Wilder Kaiser have its highest point at 2,344-metre Ellmauer Halt Peak, while the summits of Zahmer Kaiser are rarely averaging 2,000 metres in elevation.

ALPINE TALES: KAISER MOUNTAIN RANGE

The rugged rock faces of Kaiser Range have always inspired the pioneering spirit of climbers: When Kaindl Much reached the top of the remarkable “Kaindl Needle” he sent a cry of glee to his guests, who were looking out for him from Kaindl Hut. This was in 1909, and Kaindl Much was 70 years old. In 1977, Helmut Kiene and Reinhard Karl wrote climbing history with the first ascent of Pumprisse at the first official rating of grade VII climbing. Extreme climber Alexander Huber, who often refers to Wilder Kaiser Mountains as his second home, once said: “I have reached a new horizon at Schleier Waterfall!”

Brandenberg Alps/Rofan Range
Northern Limestone Alps

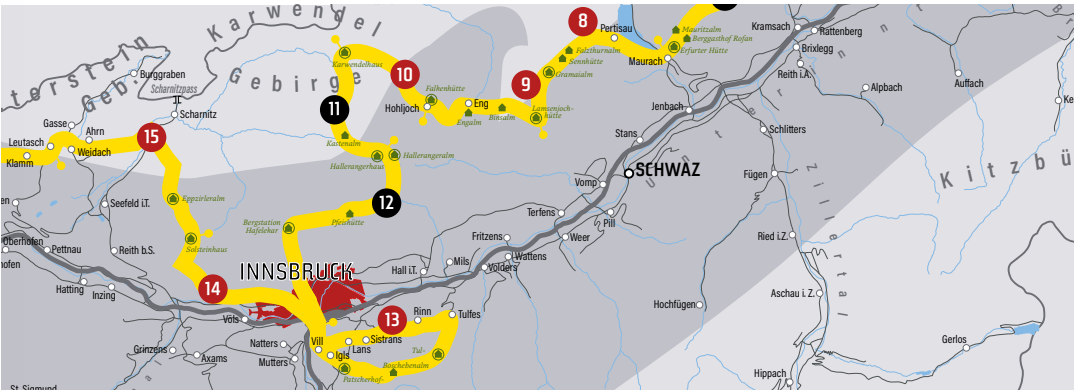


The Brandenberg Alps are bordered by Achensee Lake and Inntal Valley on one side and the Bavarian foothills of the Alps on the other. Keep your camera charged, as these incomparably beautiful mountains offer many photo opportunities. Pendling Range, the Brandenberg Alps’ eastern part, stretches from Steinberg/Brandenberg to Kufstein; Rofan Range, its western part, is sandwiched between Brandenberger Ache River and Achensee Lake. Outdoor enthusiasts of all skill levels will find peaks ranging from easy to difficult, with hiking trails for exploring the gorgeous scenery and rugged beauty. Rofan reaches its highest point in Hochiss (2,299 m).

ALPINE TALES: BRANDENBERG ALPS

Oskar Hossé and Leo Weirather were the first to explore the depths of Hundalm Cave. Back in 1921, the two brave boys climbed down into the cave where they discovered bizarre ice formations. Hias Rebitsch (1911–1990) was a brilliant rock and ice climbing pioneer who accomplished many first ascents in the Rofan Mountain Range. He climbed extreme routes in order to experience extreme situations and, by doing so, to get to know himself better. Cascading waters have chiseled spectacular Kaiser and Tiefenbach Gorges into the rock, that were once used by brave men to drive logs into the valley.

Karwendel Range
Northern Limestone Alps

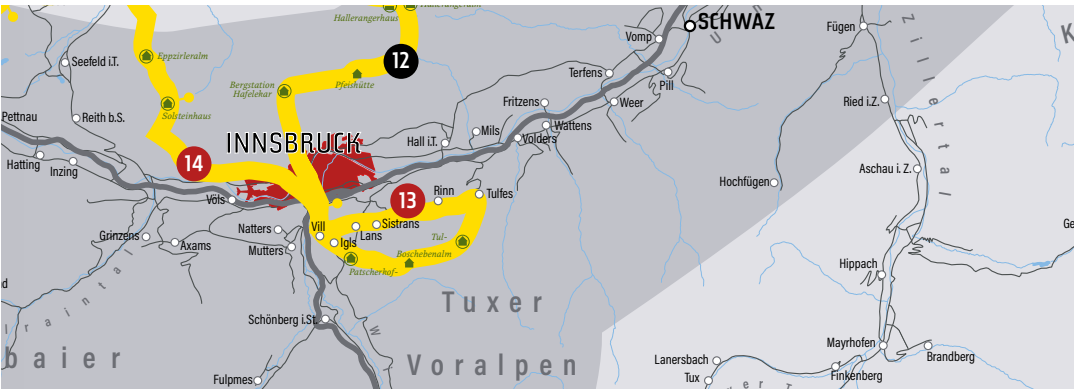


For a taste of the finest meadows, loftiest peaks, craggiest mountains and sharpest ridgelines along the Eagle Walk, head to gorgeous Karwendel Mountain Range. A number of places here at Austria’s largest nature park are so special that you’ll have the images etched into your memory for years to come. Including some of Tirol’s most legendary crags and peaks. Karwendel Range is made up of four parallel and much indented mountain chains with deeply slashed longitudinal and transverse valleys. The rugged mountain range has 125 mountain peaks exceeding 2,000 metres, with the highest, Birkkarspitze, topping out at 2,749 metres.

ALPINE TALES: KARWENDEL MOUNTAIN RANGE

In the summer of 1870, Hermann von Barth (1845–1876), explorer of Karwendel Range, climbed, alone, 88 peaks, twelve of which were first ascents. The Wild Boys of the “Wilde Bande” Club definitely lived up to their name by building Bettelwurf Hut and Wilde Bande Trail in particularly difficult conditions. In 1908, an avalanche destroyed Lamsenjoch Hut. In 1909, a new hut was opened 200 metres east of where the old hut once stood. In 1979, the biggest Austrian rescue operation took place in the Laliderer Wände, keeping many Tirol mountain rescue teams in suspense for three days.

Tuxer Alps
Austrian Central Alps

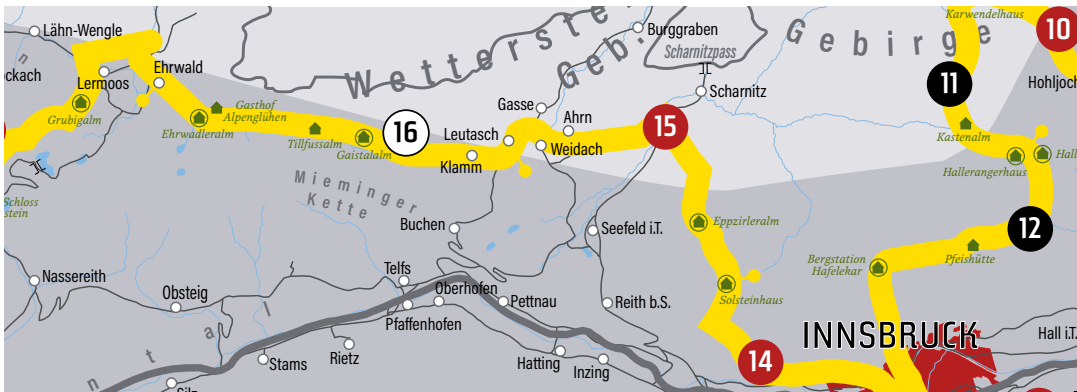


The Tux Alps are known as an incredible wintertime paradise for skiers and snowboarders, but in summer, the same mountains become gorgeous playgrounds for hiking. The Tux Alps, are part of the Austrian Central Alps and among its cluster of peaks is one of Tirol’s most famous (ski) mountains, Patscherkofel (2,246 m). Towering high above Innsbruck, its striking rounded summit is marked by a broadcasting station which can be seen from afar. The Patscherkofel-Glungezer Area is famous for its (old-growth) stone pines and its rugged Alpine environment. Many summits of the Tux Alps rise above 2,000 metres, with Lizumer Reckner between Wattentaler Lizum and Navis Valley topping out at 2,886 metres.

ALPINE TALES: TUX ALPS

Patscherkofel's proximity to Tirol's capital Innsbruck is one of the reasons it is known as a “locals’ mountain.” The fact that this is Tirol’s Olympic Mountain where the skiing is legendary and the terrain is spectacularly varied doesn’t hurt either. There is hardly any other mountain which is steeped in so much ski sports history, as during both the 1964 and 1976 Winter Olympics, the mountain was the venue for the men’s downhill race. Since then, it has hosted numerous World Cup Races. In 2012, Patscherkofel played host to the Inaugural Youth Olympic Winter Games.

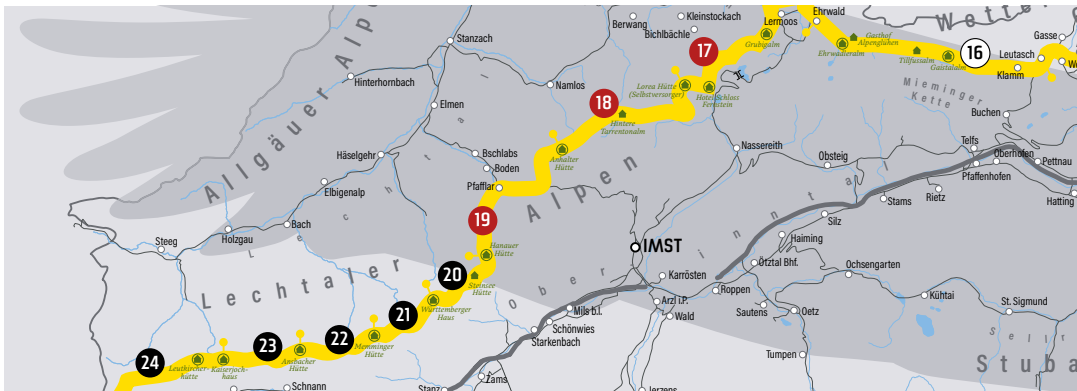
Wetterstein Range
Northern Limestone Alps



The Wetterstein Range, a massive mountain block with long subsidiary ridges and forming part of the Limestone Alps of northern Tirol, lies on the frontier between Germany’s Bavaria and the Austrian Tirol. The highest peak in the range and also in Germany is the Zugspitze (2,962 m). Walking enthusiasts, mountaineers and rock climbers will find peaks ranging from easy to difficult, with several high trails, such as the Via Alpina long-distance hiking trail, and ten great Via Ferrate for exploring the gorgeous mountain scenery and rugged beauty of this natural wonderland.

ALPINE TALES: WETTERSTEIN MOUNTAIN RANGE
Scenic Leutasch Valley was the inspiration of vernacular writer and poet Ludwig Ganghofer, who invited the cultural elite of those days to his Hubertus Hunting Lodge around 1900. Germany’s highest mountain, the 2,962-metre Zugspitze, is also one of its most accessible. The first cable car, the Tyrolean Zugspitze Cable Car, was built between 1924 and 1926 and terminated on an arête below the summit before the terminus was moved to the actual summit in 1991. With a capacity of 730 passengers per hour, the gondola whisks mountain lovers from Ehrwald to the summit in a little more than seven minutes.

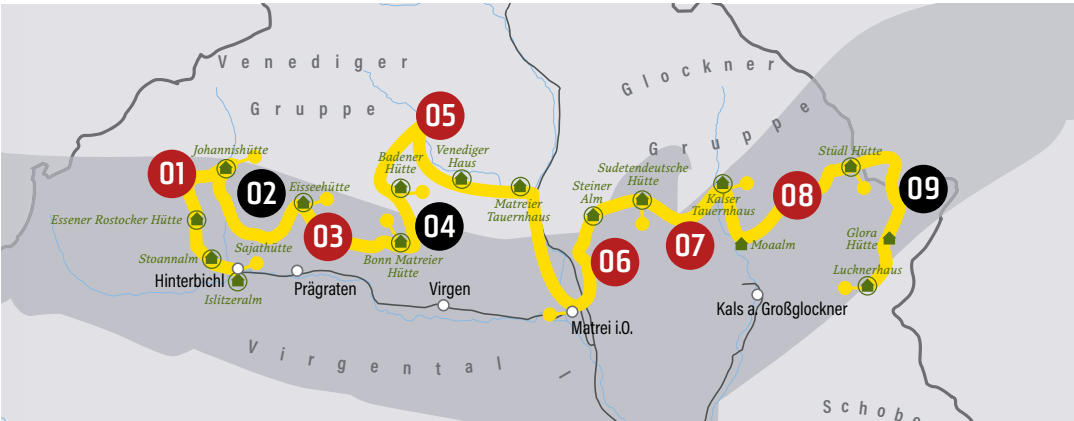
Lechtaler Alps
Northern Limestone Alps



Famous for its sharp ridges, jagged peaks and the solitude its rugged terrain offers, the lofty Lechtal Alps create a dramatic setting of unparalleled splendour and beauty. The terrain varies greatly, providing intrepid hikers Alpine glory, gorgeous views, a peek at the area’s fascinating and impressive geologic formations – and a good workout. The mighty chain extends from the Arlberg to the Fern Pass Area, bounded on the south by Stanzertal Valley and its continuation, the Inn Valley and on the north by the Lech Valley which gives the range its name. The principal of the Lechtal Alps’ 600+ peaks is the Parseier-spitze (3,036 m).

ALPINE TALES: LECHTAL ALPS
In 1386, Heinrich Findelkind built a lodging at the top of Arlberg Pass to provide shelter for wayfarers and founded the Brotherhood of St. Christoph. Saxer Wand, a perpendicular rock face, was the place where legendary Vulture Wally (German: Geierwally) cleared out an eagle’s eyrie. Bavarian Alpinist Anton Spiehler is regarded the person who made the Lechtal Alps accessible by building trails and huts. The best example of this is the Memminger Hütte, which manages to serve freshly cooked traditional food despite its remote location and difficult accessibility.

Hohe Tauern
Austrian Central Alps



The biggest glaciers in the Eastern Alps and the highest mountains in Austria: East Tirol’s Hohe Tauern Range exerts a magical attraction for walking enthusiasts and peak baggers. East Tirol has got 250 “Three Thousanders”, peaks that rise more than 3,000 m above sea level; with some approaching 4,000 m One of the area’s best-known and most striking Three Thousanders is as well the tallest mountain of Austria, Großglockner (3,798 m). Hohe Tauern National Park is one of the most popular national parks in Austria, greeting visitors with post-card-perfect peaks, mighty ice-covered glaciers, pristine lakes and superb trails.

ALPINE TALES: HOHE TAUERN MOUNTAIN RANGE
Centuries ago, Matreier Tauernhaus Lodge provided shelter to the “Säumer”, the first people to work as porters in the Alps. The Alpinist Associations continued the tradition by building refuges for mountaineers, such as Badener Hut, Bonn-Matreier Hut and Kals Tauernhaus Lodge. In 1868, Johann Stüdl, the Explorer of the Eastern Alps, erected Stüdl Hut to attain Großglockner Mountain. Today, some 80% of all Großglockner ascents are made from Kals, with Stüdl Hut still being an important base for summit ascents. The shelters were erected with the help of “Alpine Sherpas”, local porters who packed building supplies to the mountains.



Lamsenjochhütte (Stage 8) © DAV Sektion Oberland Archiv

GREAT TALES
OF BRAVERY AND CONQUEST


The mountains are full of stirring tales and intriguing characters – accounts of great intrepidity, fellowship, and a spirit of adventure. Celebrating a rich tradition of bravery, thirst of knowledge and pursuit of glory, each stage of the Eagle Walk tells the stories of the pioneers who first scaled the heights of Tirol. The **Eagle Walk Alpine History** is marked by visionary early summiteers and the work of countless passionate individuals who cut trails and built shelters for people to experience the beauty the mountains have to offer. History continues to be made with each hiker who travels the trails.




Alpine Sherpas (Eagle Walk Stage 01) © Foto Baumann-Schicht, Bad Reichenhall

Rewards for Avid Hikers

The Eagle Walk winds through Tirol’s most gorgeous regions and is truly a natural wonderland. Each segment along the Eagle Walk offers unparalleled opportunities to explore, experience and connect with nature. The Eagle Walk Badge Card (attached in the Trip Book) is proof of how far you’ve come: the more you walk, the more stamps you will accumulate. And you can even win great prizes.

 The official **Stamp Points** are to be found at Huts, Alpine Pasture Huts and Inns. Stamp values vary for stages; most do require two stamps. These are the rewards for avid Eagle Walk hikers:


| | Rewards |
|--|---|
| 5 Points | Eagle Walk Pin in Bronze & Eagle Walk Diploma |
| 15 Points | Eagle Walk Pin in Silver & Eagle Walk Diploma Entries are automatically entered into the sweepstakes with Eagle Walk Guidebooks or 100 “Eagle Walk Limited Edition” T-Shirts to win |
| 24 Points  Black Diamond | Eagle Walk Pin in Gold & Eagle Walk Diploma Entries are automatically entered into the sweepstakes with 20 high quality Black Diamond trekking poles . |

Hikers can redeem their points by filling in the stamp card and sending it by post to the address “Tirol Werbung, Adlerweg-Prämien, Maria-Theresien-Straße 55, 6020 Innsbruck”. Those who prefer to use the digital version can download the SummitLynx app from the App Store or the Google Play Store.

The Eagle Walk Start Up Kit

The Eagle Walk Start Up Kit is a great asset for any hiker wanting to explore what is arguably the most beautiful long-distance trail in Austria. The Starter Kit Bag is packed with:




- Eagle Walk **Trip Book** with attached Badge Card
- Eagle Walk **Bandana**
- Eagle Walk **Talisman**
- **First Aid Kit**

 Order your Eagle Walk Start Up Kit online today at: www.tirolshop.com





Route marking and levels of difficulty


You don’t need to be eagle-eyed to stay on the right route along the the Tirolean Eagle Walk (Adlerweg). You just follow the yellow signposts and the red-white-red ground markings. The Eagle Walk normally runs along walking routes (no mountain experience necessary) and along red and black mountain paths. Red is the intermediate level, possibly with frequent, steep, short, secured walking and climbing sections. The black mountain paths require more mountaineering experience, walking knowledge and being comfortable with heights.

| | Technical difficulty | Demands made of walkers |
|---|---|--|
|  Walking route | generally accessible walk, wide path with few ups and downs | no mountain experience or mountain equipment required |
|  Red mountain path | moderately difficult, mainly narrow, often steep, short, secured walking and climbing sections are likely | Mountaineering experience necessary, sufficient level of physical fitness, sure-footedness, minimum mountain equipment |
|  Black mountain path | difficult, narrow, very steep almost throughout, often exposed, longer, secured climbing sections | plenty of mountaineering experience, good physical condition, walking knowledge, comfortable with heights, suitable mountain equipment |


































Hiking the Eagle Walk using public transport


 The large network of trains and buses throughout Tirol make it quick, easy and convenient to get around the region in an environmentally friendly way. Public transport can be used to access the beautiful Eagle Walk. We have come up with nine hikes along the Eagle Walk specially designed for train users. For more information on accessing the Eagle Walk using public transport click here: www.tyrol.com/eagle-walk

Long-distance hiking with luggage transport

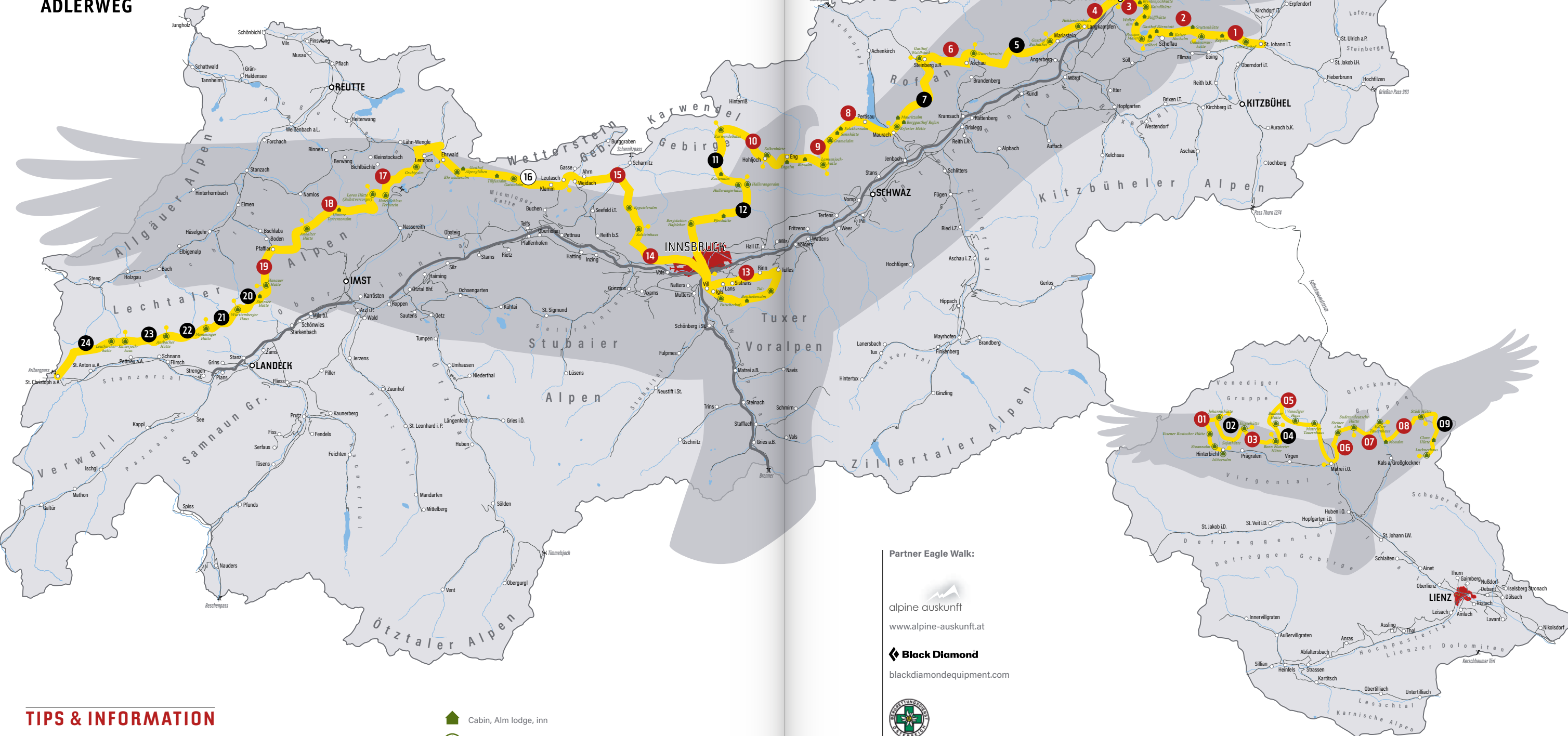
 On request, local taxi companies will be happy to transport luggage from one accommodation to the next. This service is generally not available for alpine huts, since most of these are not accessible by road and do not have a cable car for materials and supplies.

Stages

| No. | Starting point | Destination | Distance (in km) | Elevation Gain | Elevation Loss | Hiking Time (in hours) |
|---|------------------------|--------------------------|------------------|----------------|----------------|------------------------|
|  | Rummlerhof | Gaudeamushütte | 9 | 1,060 | 470 | 5 |
|  | Gaudeamushütte | Hintersteiner See | 14.5 | 800 | 1,130 | 6 |
|  | Hintersteiner See | Kufstein | 9.5 | 730 | 460 | 3.5 |
|  | Kufstein | Gasthof Buchacker | 11 | 1,330 | 500 | 5.5 |
|  | Gasthof Buchacker | Gasthof Gwercherwirt | 18 | 980 | 1,630 | 6 |
|  | Gasthof Gwercherwirt | Gasthof Waldhäusl | 18 | 1,100 | 780 | 5 |
|  | Gasthof Waldhäusl | Erfurter Hütte | 18 | 1,590 | 770 | 7 |
|  | Erfurter Hütte | Lamsenjochhütte | 17 | 1,030 | 70 | 5 |
|  | Lamsenjochhütte | Falkenhütte | 12.5 | 810 | 920 | 4.5 |
|  | Falkenhütte | Karwendelhaus | 9 | 440 | 520 | 3.5 |
|  | Karwendelhaus | Hallerangerhaus/-alm | 14 | 1,440 | 1,450 | 8.5 |
|  | Hallerangerhaus/-alm | Innsbruck | 13 | 1,150 | 970 | 5.5 |
|  | Innsbruck | Innsbruck | 8 | 300 | 210 | 2.5 |
|  | Innsbruck | Solsteinhaus | 7 | 940 | 70 | 3 |
|  | Solsteinhaus | Leutasch/Ahrn | 20 | 870 | 1,530 | 6.5 |
|  | Leutasch/Ahrn | Ehrwald | 23 | 590 | 730 | 7 |
|  | Ehrwald | Lorea Hütte | 19 | 1,170 | 1,190 | 5.5 |
|  | Lorea Hütte | Anhalter Hütte | 16 | 1,200 | 1,180 | 6.5 |
|  | Anhalter Hütte | Hanauer Hütte | 12.5 | 750 | 870 | 4 |
|  | Hanauer Hütte | Württembergischer Haus | 11 | 1,240 | 930 | 7 |
|  | Württembergischer Haus | Memminger Hütte | 7 | 670 | 650 | 5 |
|  | Memminger Hütte | Ansbacher Hütte | 10 | 1,040 | 900 | 6 |
|  | Ansbacher Hütte | Kaiserjochhaus | 8.5 | 520 | 580 | 5 |
|  | Kaiserjochhaus | St. Christoph am Arlberg | 17.5 | 950 | 1,450 | 7 |
|  | Ströden | Johannishütte | 13 | 1,430 | 730 | 6.5 |
|  | Johannishütte | Eisseehütte | 11 | 1,250 | 840 | 5 |
|  | Eisseehütte | Bonn-Matreier-Hütte | 7 | 600 | 370 | 3.5 |
|  | Bonn-Matreier-Hütte | Badener Hütte | 10 | 800 | 950 | 5 |
|  | Badener Hütte | Matreier Tauernhaus | 14 | 450 | 1,550 | 5.5 |
|  | Matrei i. O. (Glanz) | Sudetendeutsche Hütte | 8 | 1,250 | 100 | 4 |
|  | Sudetendeutsche Hütte | Kalser Tauernhaus | 7.5 | 300 | 1,200 | 4 |
|  | Kalser Tauernhaus | Stüdlhütte | 14 | 1,440 | 400 | 6.5 |
|  | Stüdlhütte | Lucknerhaus | 11 | 450 | 1,330 | 5.5 |



ADLERWEG



TIPS & INFORMATION

The Eagle Walk season really starts in mid-June or at the beginning of July in the higher elevations. But even in the middle of the summer it is wise to stay informed about the weather conditions before setting out on a walk. In the mountains the weather can change very quickly. When planning a tour walkers are advised to consult the Alpine information service first:

Alpine Information
Meinhardstraße 7–11, 6020 Innsbruck
Mo to Fr, 9 am. to 5 pm.
T +43 512 58 78 28, info@alpine-auskunft.at

For trip planning, trail resources by stage, trail etiquette and more on-trail essential information please refer to www.tyrol.com/eagle-walk.

- Cabin, Alm lodge, inn
- Cabin, Alm lodge, inn (Stamp office)
- Stage start or finish

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