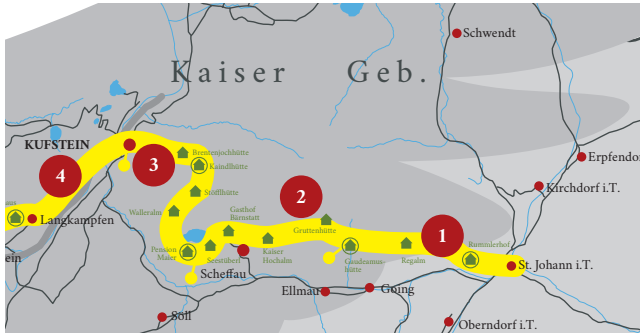


Wilder Kaiser Range

Northern Limestone Alps

Wilder Kaiser Range (literally “Wild Emperor”) aptly lives up to its name as being wild, untamed, rugged, lofty and majestic. Stretching from Kufstein to St. Johann in Tirol, the range is renowned for its jagged rock formations and beautiful craggy settings. Aptly named as well, Zahmer Kaiser (literally “Mild Emperor”) is a ‘smaller brother’ to the fabled Wilder Kaiser Range and is a destination to be enjoyed by the whole family. Easy treks will take you through delicate forests, across babbling streams, and past brightly coloured wildflowers. The jagged peaks of Wilder Kaiser have its highest point at 2,344-metre Ellmauer Halt Peak, while the summits of Zahmer Kaiser are rarely averaging 2,000 metres in elevation.



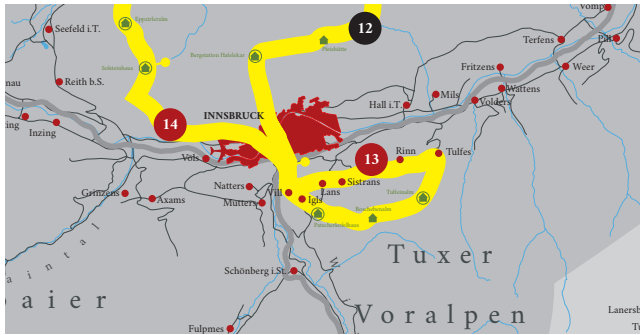
Alpine Tales: Kaiser Mountain Range

The rugged rock faces of Kaiser Range have always inspired the pioneering spirit of climbers: When Kaindl Much reached the top of the remarkable “Kaindl Needle” he sent a cry of glee to his guests, who were looking out for him from Kaindl Hut. This was in 1909, and Kaindl Much was 70 years old. In 1977, Helmut Kiene and Reinhard Karl wrote climbing history with the first ascent of Pumprisse at the first official rating of grade VII climbing. Extreme climber Alexander Huber, who often refers to Wilder Kaiser Mountains as his second home, once said: “I have reached a new horizon at Schleier Waterfall!”

Tux Alps

Austrian Central Alps

The Tux Alps are known as an incredible wintertime paradise for skiers and snowboarders, but in summer, the same mountains become gorgeous playgrounds for hiking. The Tux Alps, are part of the Austrian Central Alps and among its cluster of peaks is one of Tirol’s most famous (ski) mountains, Patscherkofel (2,246 m). Towering high above Innsbruck, its striking rounded summit is marked by a broadcasting station which can be seen from afar. Famous for its old-growth stone pines and its rugged Alpine environment, the Patscherkofel-Glungezer Area was declared a Nature Reserve back in 1942. Many summits of the Tux Alps rise above 2,000 metres, with Lizumer Reckner between Wattentaler Lizum and Navis Valley topping out at 2,886 metres.



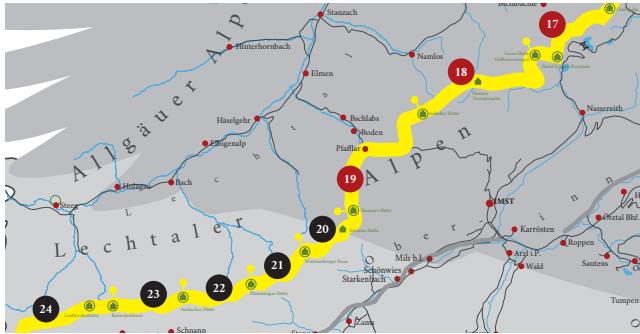
Alpine Tales: Tux Alps

Patscherkofel’s proximity to Tirol’s capital Innsbruck is one of the reasons it is known as a “locals’ mountain.” The fact that this is Tirol’s Olympic Mountain where the skiing is legendary and the terrain is spectacularly varied doesn’t hurt either. There is hardly any other mountain which is steeped in so much ski sports history, as during both the 1964 and 1976 Winter Olympics, the mountain was the venue for the men’s downhill race. Since then, it has hosted numerous World Cup Races. In 2012, Patscherkofel played host to the Inaugural Youth Olympic Winter Games.

Lechtaler Alpen

Northern Limestone Alps

Famous for its sharp ridges, jagged peaks and the solitude its rugged terrain offers, the lofty Lechtal Alps create a dramatic setting of unparalleled splendour and beauty. The terrain varies greatly, providing intrepid hikers Alpine glory, gorgeous views, a peek at the area’s fascinating and impressive geologic formations—and a good workout. The mighty chain extends from the Arlberg to the Fern Pass Area, bounded on the south by Stanzertal Valley and its continuation, the Inn Valley and on the north by the Lech Valley which gives the range its name. The principal of the Lechtal Alps’ 600+ peaks is the Parseierspitze (3,036 m), which claims the title of “Queen of the Northern Limestone Alps” and will most certainly captivate you.



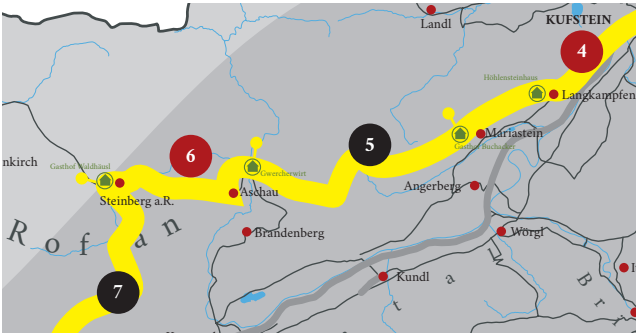
Alpine Tales: Lechtal Alps

In 1386, Heinrich Findelkind built a lodging at the top of Arlberg Pass to provide shelter for wayfarers and founded the Brotherhood of St. Christoph. Saxer Wand, a perpendicular rock face, was the place where legendary Vulture Wally (German: Geierwally) cleared out an eagle’s eyrie. Bavarian Alpinist Anton Spiehler is regarded the person who made the Lechtal Alps accessible by building trails and huts. The best example of this is the Memminger Hütte, which manages to serve freshly cooked traditional food despite its remote location and difficult accessibility.

Brandenberg Alps/Rofan Range

Northern Limestone Alps

The Brandenberg Alps are bordered by Achensee Lake and Inntal Valley on one side and the Bavarian foothills of the Alps on the other. Keep your camera charged, as these incomparably beautiful mountains offer many photo opportunities. Pending Range, the Brandenberg Alps’ eastern part, stretches from Steinberg/Brandenberg to Kufstein; Rofan Range, its western part, is sandwiched between Brandenberger Ache River and Achensee Lake. Outdoor enthusiasts of all skill levels will find peaks ranging from easy to difficult, with hiking trails for exploring the gorgeous scenery and rugged beauty. Rofan reaches its highest point in Hochiss (2,299 m); Dalfazer Wände is a striking crest here.



Alpine Tales: Brandenberg Alps

Oskar Hossé and Leo Weirather were the first to explore the depths of Hundalm Cave. Back in 1921, the two brave boys climbed down into the cave where they discovered bizarre ice formations. Hias Rebitsch(1911-1990) was a brilliant rock and ice climbing pioneer who accomplished many first ascents in the Rofan Mountain Range. He climbed extreme routes in order to experience extreme situations and, by doing so, to get to know himself better. Cascading waters have chiseled spectacular Kaiser and Tiefenbach Gorges into the rock, that were once used by brave men to drive logs into the valley.

Great Tales of Bravery and Conquest

The mountains are full of stirring tales and intriguing characters – accounts of great intrepidity, fellowship, and a spirit of adventure. Celebrating a rich tradition of bravery, thirst of knowledge and pursuit of glory, each stage of the Eagle Walk tells the stories of the pioneers who first scaled the heights of Tirol. The Eagle Alpine History is marked by visionary early summiteers and the work of countless passionate individuals who cut trails and built shelters for people to experience the beauty the mountains have to offer. History continues to be made with each hiker who travels the trails.



Lamsenjochhütte (Stage 8) © DAV Sektion Oberland Archiv

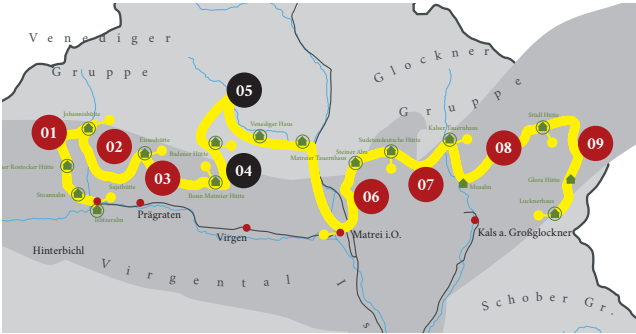


Alpine Sherpas (Eagle Walk Stage 01) © Foto Baumann-Schicht, Bad Reichenhall

Hohe Tauern

Austrian Central Alps

The biggest glaciers in the Eastern Alps and the highest mountains in Austria: East Tirol’s Hohe Tauern Range exerts a magical attraction for walking enthusiasts and peak baggers. East Tirol has got 250 “Three Thousanders”, peaks that rise more than 3,000 m above sea level; with some approaching 4,000 m One of the area’s best-known and most striking Three Thousanders is as well the tallest mountain of Austria, Großglockner (3,798 m). Hohe Tauern National Park is one of the most popular national parks in Austria, greeting visitors with rugged postcard-perfect peaks, mighty ice-covered glaciers, pristine lakes and superb trails.



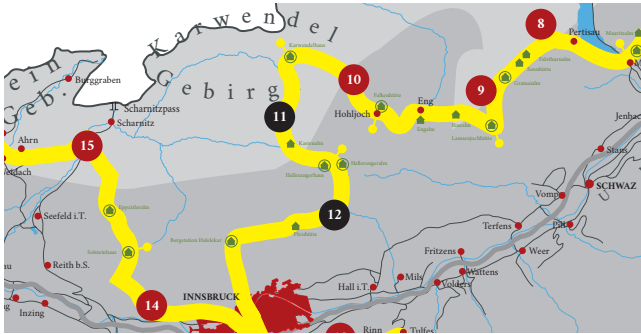
Alpine Tales: Hohe Tauern Mountain Range

Centuries ago, Matreier Tauernhaus Lodge provided shelter to the “Säumer”, the first people to work as porters in the Alps. The Alpinist Associations continued the tradition by building refuges for mountaineers, such as Badener Hut, Bonn-Matreier Hut and Kals Tauernhaus Lodge. In 1868, Johann Stüdl, the Explorer of the Eastern Alps, erected Stüdl Hut to attain Großglockner Mountain. Today, some 80% of all Großglockner ascents are made from Kals, with Stüdl Hut still being an important base for summit ascents. The shelters were erected with the help of “Alpine Sherpas”, local porters who packed building supplies to the mountains.

Karwendel Range

Northern Limestone Alps

For a taste of the finest meadows, loftiest peaks, craggiest mountains and sharpest ridgelines along the Eagle Walk, head to gorgeous Karwendel Mountain Range. A number of places here at Austria’s largest nature park are so special that you’ll have the images etched into your memory for years to come. Including some of Tirol’s most legendary crags and peaks, such as Laliderer Wände, Falken Group, Großer Bettelwurf and Frau Hitt. Karwendel Range is made up of four parallel and much indented mountain chains with deeply slashed longitudinal and transverse valleys. The rugged mountain range has 125 mountain peaks exceeding 2,000 metres, with the highest, Birkkarspitze, topping out at 2,749 metres.



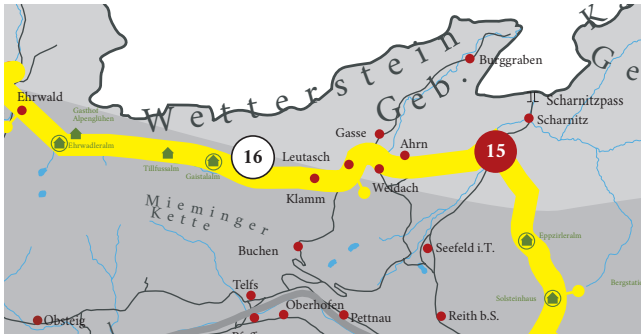
Alpine Tales: Karwendel Mountain Range

In the summer of 1870, Hermann von Barth (1845 - 1876), explorer of Karwendel Range, climbed, alone, 88 peaks, twelve of which were first ascents. The Wild Boys of the “Wilde Bande” Club definitely lived up to their name by building Bettelwurf Hut and Wilde Bande Trail in particularly difficult conditions. In 1908, an avalanche destroyed Lamsenjoch Hut. In 1909, a new hut was opened 200 metres east of where the old hut once stood. In 1979, the biggest Austrian rescue operation took place in the Laliderer Wände, keeping many Tirol mountain rescue teams in suspense for three days.

Wetterstein Range

Northern Limestone Alps

The Wetterstein Range, a massive mountain block with long subsidiary ridges and forming part of the Limestone Alps of northern Tirol, lies on the frontier between Germany’s Bavaria and the Austrian Tirol. The highest peak in the range and also in Germany is the Zugspitze (2,962 m). Walking enthusiasts, mountaineers and rock climbers will find peaks ranging from easy to difficult, with several high trails, such as the Via Alpina long-distance hiking trail, and ten great Via Ferrate for exploring the gorgeous mountain scenery and rugged beauty of this natural wonderland.



Alpine Tales: Wetterstein Mountain Range

Scenic Leutasch Valley was the inspiration of vernacular writer and poet Ludwig Ganghofer, who invited the cultural elite of those days to his Hubertus Hunting Lodge around 1900. Germany’s highest mountain, the 2,962-metre Zugspitze, is also one of its most accessible. The first cable car, the Tyrolean Zugspitze Cable Car, was built between 1924 and 1926 and terminated on an arête below the summit before the terminus was moved to the actual summit in 1991. With a capacity of 730 passengers per hour, the gondola whisks mountain lovers from Ehrwald to the summit in a little more than seven minutes.

Hiking the Eagle Walk using public transport

The large network of trains and buses throughout Tirol make it quick, easy and convenient to get around the region in an environmentally friendly way. Public transport can be used to access the beautiful Eagle Walk. We have come up with nine hikes along the Eagle Walk specially designed for train users. For more information on accessing the Eagle Walk using public transport click here: www.tyrol.com/eagle-walk

Long-distance hiking with luggage transport

On request, local taxi companies will be happy to transport luggage from one accommodation to the next. This service is generally not available for alpine huts, since most of these are not accessible by road and do not have a cable car for materials and supplies.

#LOVETIROL

Teilt eure schönsten
Adlerweg-Momente auf Instagram

www.tyrol.com/eagle-walk

· HIKING ALONG THE EAGLE WALK

Stages

No.	Starting point	Destination	Distance (in km)	Elevation Gain	Elevation Loss	Approximate Hiking Time (in hours)
1	Rummlerhof	Gaudeamushütte	9	1,060	470	5
2	Gaudeamushütte	Hintersteiner See	14.5	800	1,130	6
3	Hintersteiner See	Kufstein	9.5	730	460	3.5
4	Kufstein	Gasthof Buchacker	11	1,330	500	5.5
5	Gasthof Buchacker	Gasthof Gwercherwirt	18	980	1,630	6
6	Gasthof Gwercherwirt	Gasthof Waldhäusl	18	1,100	780	5
7	Gasthof Waldhäusl	Erfurter Hütte	18	1,590	770	7
8	Erfurter Hütte	Lamsenjochhütte	17	1,030	70	5
9	Lamsenjochhütte	Falkenhütte	12.5	810	920	4.5
10	Falkenhütte	Karwendelhaus	9	440	520	3.5
11	Karwendelhaus	Hallerangerhaus/-alm	14	1,440	1,450	8.5
12	Hallerangerhaus/-alm	Innsbruck	13	1,150	970	5.5
13	Innsbruck	Innsbruck	8	300	210	2.5
14	Innsbruck	Solsteinhaus	7	940	70	3

15	Solsteinhaus	Leutasch/Ahrn	20	870	1,530	6.5
16	Leutasch/Ahrn	Ehrwald	23	590	730	7
17	Ehrwald	Lorea Hütte	19	1,170	1,190	5.5
18	Lorea Hütte	Anhalter Hütte	16	1,200	1,180	6.5
19	Anhalter Hütte	Hanauer Hütte	12.5	750	870	4
20	Hanauer Hütte	Württemberger Haus	11	1,240	930	7
21	Württemberger Haus	Memminger Hütte	7	670	650	5
22	Memminger Hütte	Ansbacher Hütte	10	1,040	900	6
23	Ansbacher Hütte	Kaiserjochhaus	8.5	520	580	5
24	Kaiserjochhaus	St. Christoph am Arlberg	17.5	950	1,450	7
01	Ströden	Johannishütte	13	1,430	730	6.5
02	Johannishütte	Eisseehütte	11	1,250	840	5
03	Eisseehütte	Bonn-Matreier-Hütte	7	600	370	3.5
04	Bonn-Matreier-Hütte	Badener Hütte	10	800	950	5
05	Badener Hütte	Matreier Tauernhaus	14	450	1,550	5.5
06	Matrei i.O. (Glanz)	Sudetendeutsche Hütte	8	1,250	100	4
07	Sudetendeutsche Hütte	Kalser Tauernhaus	7.5	300	1,200	4
08	Kalser Tauernhaus	Stüdlhütte	14	1,440	400	6.5
09	Stüdlhütte	Lucknerhaus	11	450	1,330	5.5

The Eagle Walk Start Up Kit

The Eagle Walk Start Up Kit is a great asset for any hiker wanting to explore what is arguably the most beautiful long-distance trail in Austria. The Starter Kit Bag is packed with:

- Eagle Walk Trip Book with attached Badge Card
- Eagle Walk Bandana
- Eagle Walk Talisman
- First Aid Kit

Order your Eagle Walk Start Up Kit online today at www.tirolshop.com

Rewards for Avid Hikers

The Eagle Walk winds through Tirol's most gorgeous regions and is truly a natural wonderland. Each segment along the Eagle Walk offers unparalleled opportunities to explore, experience and connect with nature. The Eagle Walk Badge Card (attached in the Trip Book) is proof of how far you've come: the more you walk, the more stamps you will accumulate. And you can even win great prizes. The official Stamp Points are to be found at Huts, Alpine Pasture Huts and Inns. Stamp values vary for stages; most do require two stamps. These are the rewards for avid Eagle Walk hikers:

Rewards	
5 Points	Eagle Walk Pin in Bronze & Eagle Walk Diploma
15 Points	Eagle Walk Pin in Silver & Eagle Walk Diploma Entries are automatically entered into the sweepstakes with Eagle Walk Guidebooks or 100 "Eagle Walk Limited Edition" T-Shirts to win
24 Points	Eagle Walk Pin in Gold & Eagle Walk Diploma Entries are automatically entered into the sweepstakes with 20 high quality Black Diamond trekking poles.

Hikers can redeem their points by filling in the stamp card and sending it by post to the address "Tirol Werbung, Adlerweg-Prämien, Maria-Theresien-Straße 55, 6020 Innsbruck". Those who prefer to use the digital version can download the SummitLynx app from the App Store or the Google Play Store.

Route marking and levels of difficulty

You don't need to be eagle-eyed to stay on the right route along the Tirolean Eagle Walk (Adlerweg). You just follow the yellow signposts and the red-white-red ground markings. The Eagle Walk normally runs along walking routes (no mountain experience necessary) and along red and black mountain paths. Red is the intermediate level, possibly with frequent, steep, short, secured walking and climbing sections. The black mountain paths require more mountaineering experience, walking knowledge and being comfortable with heights.

	Technical difficulty	Demands made of walkers
 Walking route	generally accessible walk, wide path with few ups and downs	no mountain experience or mountain equipment required
 Red mountain path	moderately difficult, mainly narrow, often steep, short, secured walking and climbing sections are likely	Mountaineering experience necessary, sufficient level of physical fitness, surefootedness, minimum mountain equipment
 Black mountain path	difficult, narrow, very steep almost throughout, often exposed, longer, secured climbing sections	plenty of mountaineering experience, good physical condition, walking knowledge, comfortable with heights, suitable mountain equipment

Tips & Information

The Eagle Walk season really starts in mid-June or at the beginning of July in the higher elevations. But even in the middle of the summer it is wise to stay informed about the weather conditions before setting out on a walk. In the mountains the weather can change very quickly. When planning a tour walkers are advised to consult the Alpine information service first:

Alpine Information
Meinhardstraße 7-11 · 6020 Innsbruck · Mo to Fr, 9 am. - 5 pm.
t +43.512.587828 · e info@alpine-auskunft.at

For trip planning, trail resources by stage, trail etiquette and more on-trail essential information please refer to www.tyrol.com/eagle-walk

Imprint

Edited and published by: Tirol Werbung GmbH
Maria Theresien-Straße 55 · 6020 Innsbruck · Austria
Photo Credits: Tirol Werbung · DAV Sektion Oberland · Photo Baumann-Schicht **Printing:** Artpress VVA Druckerei GmbH · Gewerbegebiet 2 · 6604 Höfen · Austria **Location:** Innsbruck · March 2020 · Printing and typesetting errors reserved.

